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Are you sick of being exhausted & not having enough hours in the day?

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I'm going to teach you  
how you can have an  
abundance of energy &  
plenty of me-time

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You will get enough  
me-time to distress and  
charge your energy  
levels

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You will have quality  
time with your loved  
ones

If you follow my program now, you will have made a life altering choice to invest in the life that you truly desire and deserve.

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If you don't get out of this negative spiral of exhaustion & low mood. Studies have shown this may even lead to suicide

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Your relationship will  
suffer, you may lose  
your job, YOUR  
income, YOUR HEALTH!

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My name is Dr Veerle Van Tricht, Holistic medical mentor & creator of the BURNOUT Resuscitation programme.



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I work with professionals  
who are overwhelmed  
with the conflicting  
responsibility created by...

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having a successful career &  
a family.

11 years ago, I was at the  
height of my career as a...

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Vitreoretinal eye surgeon:  
I was making more  
money than I had time to  
spend...

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I had tons of grateful patients & was blessed with the birth of my first child at the age of 35.

Not knowing how to balance these new demands on my time and energy, I became physically run down. Misunderstood by my medical colleagues, I spiralled into burnout.

Not knowing how to  
balance these new  
demands on my time and  
energy, I became  
physically run down &  
highly stressed.

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As I wasn't coping with being the  
super mom,  
super wife & super surgeon I  
wanted to be, my life fell  
apart!

I gave up my job, my home, my country & started a long journey of discovery of alternative ways to get people...



from burnout to excited  
with life again. It took  
me 10 years of study to  
put my resuscitation  
program together.

Is there no time left for  
you?

Do you feel guilty  
because you don't have  
quality time with your  
loved ones?

I have developed a  
program based on my  
knowledge of traditional  
medicine & many forms  
of holistic healing.

It solves the problem  
you have with lack of  
time for your loved  
ones;

Exhaustion;

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Dark Mood;

Relationship issues..and  
it is called...

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# The Burnout Resuscitation Program!!

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I used these techniques  
to drag myself out of  
burn-out!!



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In 2004, I was so exhausted, I chose to give up a very successful private Ophthalmology practice in Europe.

I have helped other health professionals to overcome low mood, anxiety & indecisiveness leading to relationship and health issues.

They allowed me to  
coach them & have  
turned their unhappy  
life into one of purpose  
and joy.

They feel like they have a  
new lease on life.

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They feel empowered into  
making the career  
decisions that are right for  
them.

They managed to heal  
their relationships and  
increase their energy  
levels.

## STEP 1

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I will teach you a grid that leads to stress free productivity & Quantum jumping strategies...

## STEP 1-Time creator

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so you can stay alive to  
take care of your loved  
ones.

## STEP 2 – Energy Booster

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This is a powerful combination of time proven techniques mixed into a energy boosting smoothie.



## STEP 2 – Energy Booster

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Daily Gratitude Ritual, Power  
Walk, Universal Energy  
Download Pink Cloud  
Manifestation,  
Boundaries and Protective shield

## STEP 3 – Find your life purpose

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By discovering your hidden talents & your purpose why you are alive on this planet right now,...

## STEP 3 – Find your life purpose

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You will find your life purpose and we'll get you on track!

## STEP 4 – The Love Shack??

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Find your Love  
Language & keep your  
relationship in a high  
Love Vibration....

## STEP 4 – The Love Shack??

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otherwise your  
exhaustion might chase  
your support system  
away.

# STEP 5 – Wheel of Life

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You will learn the most effective techniques to Balance your Life

## STEP 6 – Connect with your higher consciousness for unlimited possibilities for growth

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If we don't listen to our higher intelligence, we make the wrong choices & that is how we become burnt out in the first place

## STEP 6 – Connect with your higher consciousness for growth

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By keeping your Vibration High, you will never make that mistake again



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AS you have watched this  
video till the end

I know I can help you

# Grab This Lifeline

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CONTACT ME VIA [WWW.BURNOUTEXPERT.COM](http://WWW.BURNOUTEXPERT.COM)

OR EMAIL [VEERLE@BURNOUTEXPERT.COM](mailto:VEERLE@BURNOUTEXPERT.COM) TO MAKE AN  
APPOINTMENT FOR A LIFE SAVING STRATEGY SESSION